



# Parental Guide

A Parents' Guide for the  
Sensory-Friendly Performance of  
*Stellaluna*

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Seattle Children's Theatre

# Parental Guide

## Environmental Considerations for Stلالuna:

1. The performance takes place in the Eve Alford Theatre which has open bench-style seating versus individual seats. Benches do have back support.
2. An onstage pianist plays music throughout the show and is part of the show itself.
3. The show is approximately 60 minutes in duration and has one act, with no intermission.

## Show Content Considerations for Stلالuna

1. Parents may want to prepare their children who are familiar with the book, Stلالuna, that the show is similar in some ways to the book (characters with the same names, some lines from the book recited in the show, general storyline followed), but that the show will be different in many ways from the book.
2. Parents may want to prepare their children for the use of puppeteers throughout the show. The characters including Stلالuna, the owl, the birds, are animated by puppeteers that are plainly visible throughout the

## Sensory-rich and emotionally intense moments to consider:

EPISODE & MUSICAL NUMBER	SENSORY CATEGORY	DESCRIPTION
Prologue: Ladies and Gentlemen...Stلالuna <ul style="list-style-type: none"><li>• Prologue</li><li>• Lonesome Lady</li></ul>	SOUND VISUAL	-Pianist plays onstage piano (which continues throughout show)  -Tap dancer dances onstage  -Sudden light change – stage darkens and bat silhouette appears
1: First Flight w/Mother and Attack of the Owl <ul style="list-style-type: none"><li>• Flyin' with my Baby</li><li>• The Owl</li></ul>	VISUAL SOUND SUSPENSE EMOTIONAL INTENSITY	-Trees sway in the wind -Sudden whistle sound -Suspenseful music -Stage darkens and glow in the dark eyes appear -Owl appears and chases bats -Owl screeches loudly -Stلالuna separated from mother -Stage suddenly goes dark
2: Stلالuna meets the Birds and has to eat bugs <ul style="list-style-type: none"><li>• Hungry</li></ul>	VISUAL SOUND FRENETIC AMBIANCE	-Birds pop up from nest suddenly -Loud squawking from mama bird -Frenetic ambiance at end of scene with loud squawking from birds and increased music tempo and volume

## Sensory-rich and emotionally intense moments to consider:


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<p>3: Stلالuna shows the Birds the world upside down</p> <ul style="list-style-type: none"> <li>• Hip Hop</li> <li>• Bat Lullaby</li> </ul>	<p>SOUND VISUAL</p>	<p>-Mama bird squawks loudly -Bat silhouette moves across moon backdrop</p>
<p>4: Stلالuna and the Birds learn to fly</p> <ul style="list-style-type: none"> <li>• Flying Lesson</li> </ul>	<p>SOUND</p>	<p>-Mama bird squawks loudly to wake up sleeping pianist</p>
<p>5: Stلالuna tries to hide her landing problems and gets lost</p> <ul style="list-style-type: none"> <li>• Why am I</li> </ul>	<p>SOUND VISUAL EMOTIONAL INTENSITY</p>	<p>-Trees become animated and move while Stلالuna flies -Emotional tone of frustration/sadness as Stلالuna cannot land -Flying bat silhouette against backdrop</p>
<p>6: Stلالuna meets her Family of Bats and finds her Mother</p> <ul style="list-style-type: none"> <li>• Why am I reprise</li> <li>• Flyin' with my Mummy/Baby reprise</li> </ul>	<p>SUSPENSE VISUAL</p>	<p>-Suspenseful music plays as Stلالuna tells story of owl attack -Glow in the dark eyes as bats fly</p>
<p>7: Birds meet Stلالuna's Family</p> <ul style="list-style-type: none"> <li>• Hungry reprise</li> </ul>	<p>SOUND SUSPENSE FRENETIC AMBIANCE</p>	<p><b>-Loud squawking as birds wake up</b> <b>-Suspenseful music plays as birds try to fly at night; some frenetic ambiance onstage</b></p>
<p>Epilogue: Birds and Bats are different</p> <ul style="list-style-type: none"> <li>• Epilogue</li> </ul>	<p>SOUND</p>	<p>-Applause at end of show</p>



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